

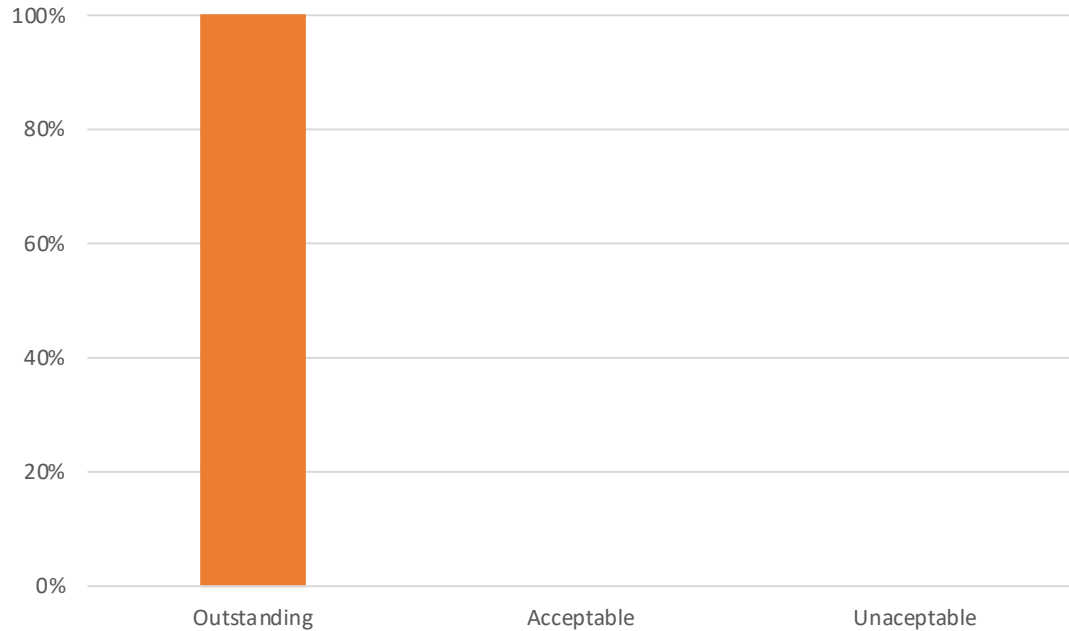


BURSARS: CORONATION 2022
TOTAL: 10 SESSIONS

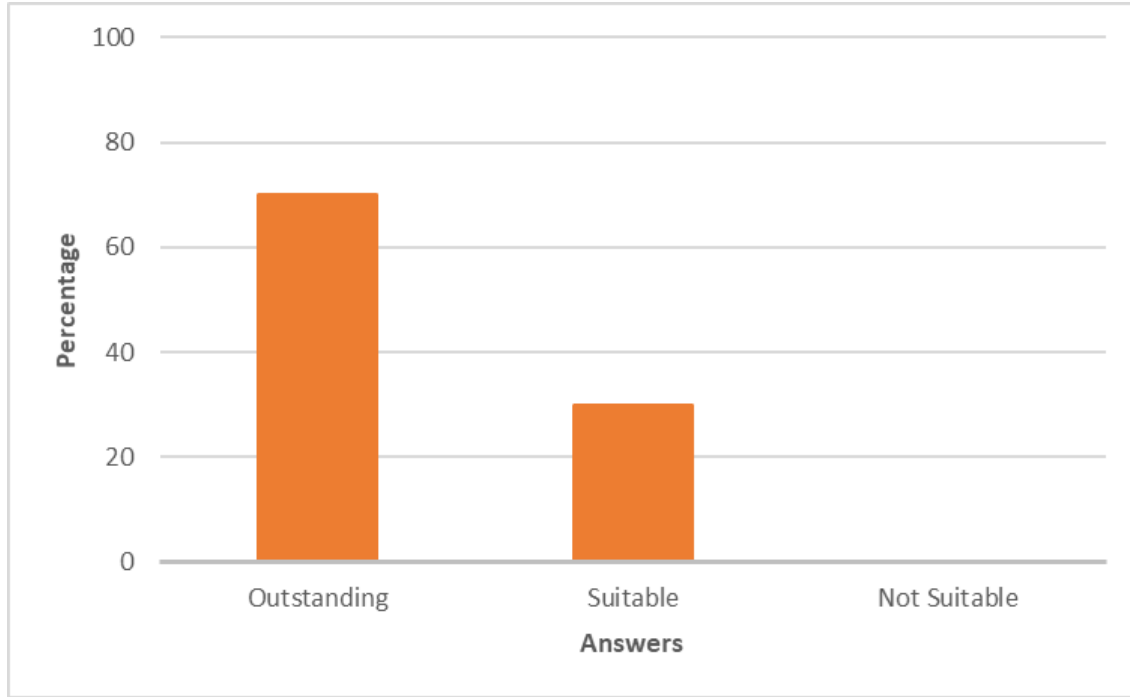
ATTITUDE
CHANGES
EVERYTHING

 **ACE** | **REVIEW**
Attitude **Changes** Everything

Q1: How would you rate the **facilitators level of subject knowledge?**



Q2: Are the **mix of presentations and activities** suitable?



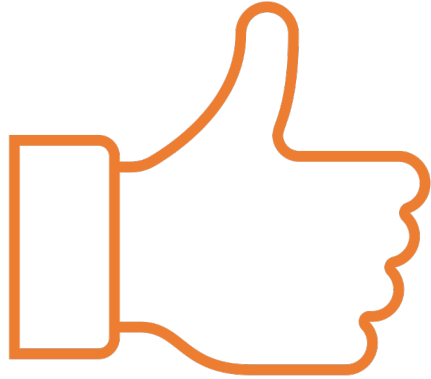
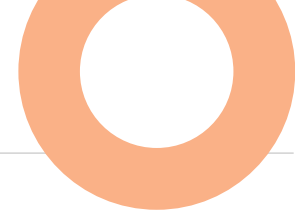
Q3: What **value** did the ACE sessions **add to your life**?

- It has added so much value to my life that I improved the way that I deal with situations.
- ACE has taught me a lot about self-awareness and how powerful and influential my relationship with myself is.
- They are adding knowledge on how to view life and to be as efficient as possible during the worst and the best of situations.
- Lessons on how to be better person than I was yesterday.
- The ACE sessions have given me the tools to make informed decisions and to handle situations with resilience and determination.
- It has helped me be resilient in everything I do.
- It has made me become more of aware of myself, and taught me valuable lessons like setting boundaries.
- They made me work on myself and grow mentally.

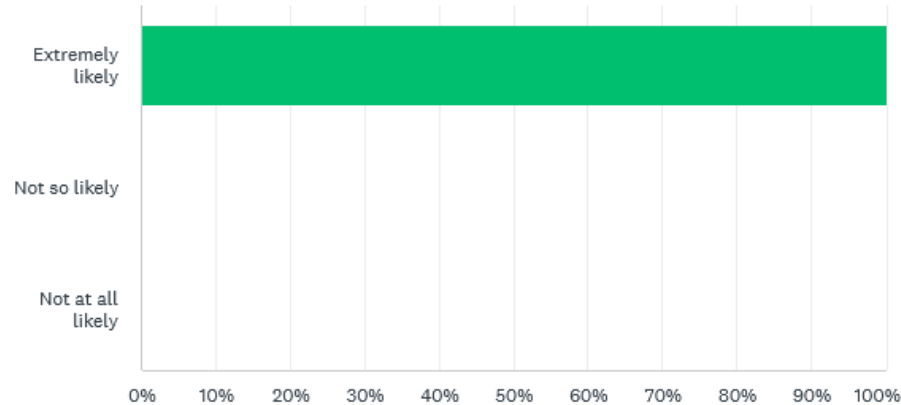


ATTITUDE
CHANGES
EVERYTHING

Q4: How likely are you to **recommend ACE** to others?



100% said Extremely likely



ATTITUDE
CHANGES
EVERYTHING

Q5: Please share **suggestions to improve ACE?**



Perhaps the medium through which the online sessions should be changed to Teams, or something that is more user-friendly for presentations. We often lost time due to problems with presenting slides on Google Meet.



I think everything is fine .



Try maybe to give some homework that will enable one to apply the concepts taught the sessions, and that way one will hardly forget them once they have applied them.



More in-person sessions.



ATTITUDE
CHANGES
EVERYTHING

Q6 Any **additional comments** or thoughts?



Thank you to the ACE team and Coronation for providing this awesome program.



Chrizelda has been amazing and I am incredibly grateful for what she has taught me through these sessions.



Just a special shoutout to Chrizelda and Milena for being involved in this chapter of my life and positively impacting how I view myself and my goals.



No additional comments, but a massive thank you to Chrizelda and Milena for facilitating these sessions. Their enthusiasm and passion was always felt.



It has been a wonderful journey with ACE so far. It has been eye-opening, and it has helped me become aware of myself. It has been a very exciting and informative experience. It has helped me realise that life is not so perfect after all, but we do our best to navigate it in the best way possible.



ATTITUDE
CHANGES
EVERYTHING



THANK YOU



CHRIZELDA WALTERS

*Consciousness Coach & Industrial
Psychologist*

Ace Skills Training – Facilitator



ATTITUDE
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